

# VETERANS BENEFITS CHECKLIST



## Healthcare Benefits

- **[VA Health Care System](#)**: Veterans can receive care at VA facilities or through the Veteran Community Care Program if local services are unavailable.
  - **How to Enroll**: Call 877-222-8387 or apply online at [VA Health Care](#).
  - **[VA Puget Sound Health Care System \(Seattle & American Lake\)](#)**: (800) 329-8387
  - **[Puget Sound VA Clinic Locations](#)**
- **[Caregiver Support Program](#)**: Provides training and financial stipends to caregivers.
  - **Contact a Caregiver Support Coordinator** at (855) 260-3274 or [Caregiver.va.gov](#).

## Aid & Attendance (A&A) Benefits

- **[Aid & Attendance \(A&A\) Benefits](#)**: Funds for those who need help with daily activities.
  - **How to Apply**: Visit the [Pension Management Center](#) or work with a [Veteran Service Officer \(VSO\)](#).

## Washington State Veteran's Services

- **[Washington State Department of Veterans Affairs \(WDVA\)](#)**
  - **[Important Washington Locations](#)**
    - **Contact**: 1-800-562-2308
  - **[Veterans Assistance Fund](#)**: Financial aid for food, rent, and transportation.
    - **[Assistance by County](#)**
- **[VA Veterans Homes in Washington State](#)**
  - **Orting, Port Orchard, Walla Walla, & Spokane**: Long-term care facilities offering nursing care and support.
    - **Contact**: (877) 838-7787 for eligibility.

## Key Contacts

- **[Veteran Service Officers \(VSO\)](#)**: Free help with applications for benefits.
  - Find your local VSO at the [Washington State VSO Directory](#).
- **[Vet Centers \(Readjustment Counseling\)](#)**: Confidential support for veterans and families.

## VA Pensions & Disability Compensation

- **[VA Pension Program](#)**: For low-income veterans aged 65+ or those with a disability unrelated to service.
- **[Disability Compensation](#)**: Provides tax-free compensation to veterans with service-connected disabilities.
  - **Apply at [VA Disability Compensation](#)** or call 800-827-1000 for help.

## Burial Benefits

- **[VA Burial and Memorial Benefits](#)**: Veterans and eligible family members can receive burial benefits, including interment in a VA national cemetery, a government-provided headstone or marker, and a burial flag.
  - **[National Cemetery Eligibility](#)**: Most honorably discharged veterans and their spouses are eligible.
  - **Apply at [National Cemetery Administration](#)** or call 800-535-1117 for assistance.
  - **[Request a Pre-Need Determination of Eligibility](#)** to secure future interment arrangements
  - **Learn more about [Veterans Burial & Transportation Benefits](#)** to cover costs here.
- **[Headstones, Markers, and Burial Flags](#)**
  - Veterans may be eligible for a Veterans headstone, marker, medallion, plaque, urn, burial flag, and/or a Presidential Memorial Certificate. [Learn more here](#) or call 800-697-6947.
- **[Washington State Veterans Cemeteries](#)**
  - **Washington State Veterans Cemetery** in Medical Lake offers free burial services for veterans and low-cost services for spouses and dependents.
  - **Contact**: (509) 299-6280 or [WA State Veterans Cemetery](#).
  - **[Eligibility for Pre-Need Burial Determination](#)**

- **[Seattle Vet Center](#)**: (206) 658-4225
- **[Washington State VA Regional Office](#)**: (206) 220-6175
- **[Veteran Crisis Hotline](#)**: Call 988 (then Press 1) or text 838255
- **[National Center for PTSD](#)**: [www.ptsd.va.gov](#)

**Do you need help navigating senior care options and VA benefits? Contact Concierge Care Advisors at (855) 444-7364 or scan the QR code to speak with a Senior Living Advisor today.**

